



PEAK ELITE CHEERLEADING GYM POLICIES

REGISTRATION

You may register one of three ways:

1. Online at www.peakelitecheerleading.ca
2. Over the phone
3. In person at the gym

Registration in one session does not automatically carry over to the next session. Athletes must re-register for each session unless otherwise communicated by Peak Elite Cheerleading. There is no annual membership fee.

PAYMENTS

1. Payments may be made in advance of when charges are due by any of the following means:
 - a. Online using Visa or MasterCard.
 - b. Over the phone using Visa or MasterCard.
 - c. In person at the gym: cash, debit, Visa, or MasterCard
2. Payment must be made in full at the time of registration to ensure a spot in a class.
3. NSF payments (including declined credit cards) AND late payments are charged a \$40.00 penalty.
4. Athletes with outstanding accounts may not be permitted to practice.
5. GST is added to all charges except for open gym.

PARTICIPATION IN PROGRAMS

1. Participation may not be allowed if payment is not made prior to the start of the class.
2. All athletes must have a current and valid online waiver (found in our Jackrabbit registration software) completed by their parent or legal guardian (or themselves if 18 or older) prior to participation in any activity at Peak Elite Cheerleading.

SCHEDULE CHANGES & MODIFICATIONS

All schedules may change without prior notice depending on staff availability and other considerations. Every effort is made to notify our families when changes are made. Please read email updates sent, your team Whats App groups, and the notices posted in the gym reception spaces and bulletin boards

MAKE-UP CLASSES

In the event an athlete misses a class due to no fault of Peak Elite Cheerleading, there will be no make-up class. In the event where Peak Elite Cheerleading is responsible for a missed/canceled class, a make-up will be scheduled. In the event a make-up cannot be scheduled, the athlete shall be issued a credit on account (applicable to other classes or products redeemable at Peak Elite Cheerleading). All make-up classes must be made up during the same session as the one in which they were missed and are non-transferable.

PRACTICE & CLASS VIEWING

1. Addressing your child during class or practices is not allowed.
2. Only athletes and coaches are permitted on the gym floors and equipment.
3. Please keep conversations quiet in the viewing area. Rude, disrespectful commentary and gossip in the viewing area will not be tolerated. We expect only positive and kind remarks.
4. Spectators not adhering to these guidelines and Peak Elite Cheerleading gym policies may be asked to leave the gym.
5. From time to time, Peak Elite Cheerleading, at its sole discretion, may temporarily restrict viewing.

GENERAL GYM RULES

1. Use of the equipment is strictly forbidden without the proper supervision of a qualified Peak Elite Cheerleading coach.
2. The Supervising Coach is in charge. The manager and/or supervising coach has the authority to refuse anyone entry to, or remove anyone from the gym.
3. Horseplay In the gym is not tolerated.
4. Open Gym is for ages 8 and up. Anyone under the age of 8 must have a parent present.
5. All accidents/incidents must be reported to the supervising coach or gym manager immediately.
6. All equipment must be returned to its original place by the user.
7. Any skill which is unfamiliar to a person must not be performed without supervision by a certified coach.
8. Only clean indoor running shoes are allowed on the gym floor. Outdoor shoes must be placed on the shoe racks or in athlete cubbies
9. Jewelry of any kind, including all body piercing jewelry, is not allowed in practices,

classes or open gyms. Taping of piercings is only allowed in the months of May, June, July, and August. Keep this in mind if getting a new piercing.

10. No shouting, swearing, or rude language while in the gym or while representing Peak Elite Cheerleading.

11. Long hair must be tied back.

12. Finger nails must be an appropriate "sport length". Athletes whose nails are deemed too long (unsafe) will not be permitted to practice until they are cut.

13. Appropriate athletic clothing must be worn while training in the gym.

14. No gum, candy, food, or drink (except water) allowed in the training area.

15. No loose objects or equipment allowed on tumble track (balls, hoops, etc.)

16. Phones should be kept inside zipped up bags/purses while athletes are in practice or participating in an activity.

17. Proper equipment set-up and safety mats must be in place at all times for all skills at all levels.

18. Peak Elite Cheerleading has a nut allergy alert in effect. Nut products are not allowed at Peak Elite Cheerleading.

19. Smoking, e-cigarettes, vaping, drugs (including marijuana) or alcohol are strictly prohibited while at the gym, while in team gear/uniform or while representing Peak Elite Cheerleading. Any athlete contravening this may be immediately removed from their team and the gym.

20. Anyone coming to the gym under the influence of alcohol or drugs may be immediately dismissed from the gym/program.

21. Jeopardizing the safety of oneself or anyone else is grounds for disciplinary action or dismissal from the gym/program.

22. Inability or refusal to follow these and other coach directives and/or rules may result in immediate expulsion from the gym/program. This applies to athletes, parents, and anyone visiting the gym.

Peak Elite Cheerleading Athlete Responsibilities

1. Athletes must be aware that no person has a right to be a part of Peak Elite Cheerleading. It is a privilege.
2. Athletes must be aware of the responsibilities required and the commitment they are making to their team.
3. Athletes must be willing to cooperate and be helpful to the coach or any person in charge.
4. Athletes must realize the manner in which they conduct themselves while representing Peak Elite Cheerleading directly reflects on the entire program.

5. Athletes must be willing to work hard, take directions, apply corrections, and strive for excellence.

Expectations of Peak Elite Cheerleading Athletes

1. Athletes will maintain the highest standards of behavior. Any negative behavior towards Peak Elite Cheerleadings' staff or athletes, or towards any other gym or team via any medium (including Facebook, Twitter, Instagram, Snapchat, or any other forms of social media) may result in dismissal from the program. In addition, athletes shall not post any compromising or derogatory photos or videos of themselves, other athletes, or coaches on any websites or social media including "fail" photos and videos.
2. Athletes will be on time to all activities including practices, team activities, and competitions. Continuous tardiness and or absences will be grounds for disciplinary action or dismissal.
3. 3. Abusive behavior, lying, or any negative form of behavior is grounds for dismissal.
4. 4. Correct practice gear is to be worn to every practice.
5. 5. Athletes will come prepared for all activities.
6. 6. Athletes will do everything in their power to achieve personal and team goals.
7. Continuous failure to be productive at practice is grounds for disciplinary action or dismissal.
8. When absent, athletes are responsible for finding out any missed information or choreography.
9. We encourage positive and open communication. If an athlete has a question or issue, our door is always open.

Attendance

1. **All practices are mandatory.**
2. Athletes who are injured should still attend practice to observe. If an athlete is ill (contagious, coughing, fever, throwing up, etc) the team's coach(es) must be notified and the athlete must stay home.
3. Athletes/parents are responsible for notifying the coach(es) of absences (for any reason) with as much notice as possible.
4. An athlete missing a practice or practices just prior to a competition may result in that athlete's position being changed or the athlete being removed from the routine for that competition at the coaches' discretion. If this occurs, the athlete will be put back in the routine following the competition, but it may not be in the same position(s) prior to the absence.

Competitions

1. **Competitions are mandatory.** Athletes missing a completion may compromise the ability of the entire team to perform the routine. If an athlete must miss a competition coaches must be notified as early as possible.

2. All athletes must attend on time and in proper competition attire as determined by the gym.
3. Competition commitments include those activities prior, during, and following the actual competition, which all athletes are required to attend.

Parental Obligations

1. Any negative behavior of a parent towards any of the following may result in removal from the gym, and/or dismissal of the athlete and/or parent from the program: Peak Elite Cheerleading athletes, staff members, or volunteers; another gym's athletes, parents or staff; event officials, workers or volunteers.
2. To ensure their child is following Peak Elite Cheerleading rules and expectations at all times.
3. Please make sure that your child is dropped off and picked up on time. Coaches/staff are not responsible for the children before and after class.
4. 4. Parents are to inform the coach or gym if the athlete is to be late or absent from practice.
5. 5. In the parent viewing area phones must remain on quiet / vibrate. No flash photography.
6. Parents are responsible for reading gym communication and must fulfill all financial obligations.
7. Parents are to positively encourage and support their athletes. Negative talk in the parent viewing area is not acceptable.
8. 8. Competition commitments include those activities prior to, during and following the actual competition, all athletes are required to attend. If parents are unable to stay for the whole competition, other arrangements must be made so that the athlete can stay for the whole competition.
9. 9. We encourage positive and open communication. If a parent has a question or issue, our door is always open.

LOST & STOLEN PROPERTY

Peak Elite Cheerleading is not responsible for lost or stolen property. Look for lost items in our "Lost & Found" bin. We encourage athletes to leave valuables at home. Valuables brought into the gym like wallets and cell phones should be placed inside a closed bag and left there. The same goes for any clothing not required to be worn during a practice.

FOOTWEAR & ATTIRE

The gym is an "indoor shoes only" facility. Upon entering the gym, athletes and visitors are required to remove their footwear and place it on the shoe racks in the lobby. Athletes should not wear their cheer shoes outside. Only appropriate indoor gym shoes and athletic wear are allowed in the training area. All extra clothing and personal belongings must be left in the cubbies provided for athletes.

RISK & RESPONSIBILITY

Cheerleading, tumbling, and other activities offered at Peak Elite Cheerleading may involve a certain element of risk, which may result in bodily injury (including the risk of severe or fatal injury) to the participant. Cheerleading also requires the coach to perform some manual spotting which involves direct physical contact which is designed to assist the participant in the safe performance of the program skills. Anyone participating in any activity at Peak Elite Cheerleading is required to complete an online waiver form through our Jack Rabbit portal.

PEAK ELITE CHEERLEADING BRAND

The Peak Elite Cheerleading brand belongs to Peak Elite Cheerleading. We regard our brand as an important element of our success. Unauthorized use of our brand, in any way, is not permitted. Permission to use the Peak Elite logo, name, hash tag, slogan, cheer, or team-specific words/names on any merchandise for personal or commercial use must be obtained from the owner in writing, in advance, no exceptions.

SOCIAL MEDIA

Peak Elite has a strong social media presence. We encourage all athletes and families to follow our social media. We also expect that athletes and parents will use good judgment when posting on social media, especially when posts involve our brand. Any negative behavior of an athlete or parent towards a Peak Elite Cheerleading athlete or staff member, another gym, athlete, or team, or other inappropriate posts via any medium, may result in removal from the gym, and/or dismissal of the athlete and/or parent from the program.

PRIVACY

Peak Elite Cheerleading's priority is to safeguard any information provided by our members. We are committed to meeting, and where possible, exceeding, the requirements of all applicable privacy legislation that relates to Peak Elite Cheerleading. Athlete information is maintained as strictly confidential with the exception of providing team lists and contact information to parents. Unless you authorize us to release it, or release is required or permitted by law/privacy legislation, we will not disclose information about you to any third parties. Questions or concerns related to our privacy practices should be directed to Samantha Paradee at sam@peakelitecheerleading.ca

SAFESPORT

At Peak Elite Cheerleading, safety is one of our core values. We take great care to ensure our athletes are safe in every respect and we want to ensure everyone is aware of all the opportunities available to them to report concerns. A list of "Safe Sport" resources and protocols can be found on the Alberta Cheerleading Associations website at www.albertacheerleading.ca under the resources tab.